



# Creating Safe Spaces for LGBTQ Youth

## Overview

In Elevate's Creating Safe Spaces: LGBTQ+ Youth Cultural Competency training, participants will learn best practices to understanding needs, promoting trust, and showcasing a safe space for LGBTQ+ youths with-in the homeless community as laid out in the amended Homeless Services Reform Act of 2005. Learners will walk away with techniques to respond to the unique issues surrounding the LGBTQ+ community and how to become an ally. This course is eligible for 3 CEU credit hours.

## Learning Objectives

- LGBTQ+ Youth Education
  - LGBTQ+ Meaning
  - Trans Terminology
  - Cisgender/Transgender
  - Queer/Questioning
  - How to be an ally?
- Coming Out Process
- LGBTQ+ Youth Needs
- Safe and Engaging Environment

## Course Agenda

### Module 1:

- LGBTTQQAAP2
- Trans+ Terminology
- Cisgender/Transgender
  - Definitions/Recap
  - Discussion Questions
  - Trans or Transgender Umbrella
  - The Gingerbread Person
- Queer/Questioning
  - Definitions/Recap

- Discussion Questions
- How to Be an Ally
  - Definitions/Recap
  - Discussion Questions
- Coming Out Process
  - Act of Trust
  - Safe Space
- LGBTQ+ Youth Needs
  - Safe & Engaging Environment