



Mental Health Triage

Overview

Elevate's Mental Health Triage (MHT) training equips employees and community members with the knowledge needed to increase noticing skills around a variety of behavioral health diagnosis and challenges with society's most vulnerable individuals during periods of change. To facilitate community integration and continuity of care, the MHT model assists with identifying immediate client needs with assistance aimed at facilitating long-term community integration and continuity of care.

Learning Objectives

- Understand existing assessment and diagnostic tools (e.g., SPDAT and DSM-V)
- Use common language to avoid miscommunication between service providers
- Basic triage and emergency preparedness for mental health
- Provide resources for immediate intervention services, supportive services, or pr

Course Agenda

- The Mental Health Triage Model
 - Core Components
 - The Goal
- Statistics Worth Noting
- How to Help
 - What We Can Do
- Signs and Symptoms of Overdose
 - How to Help
- Signs of Suicide
 - How to Help
- Resources
- Self-Care Wellness Plan
- Daily Maintenance Plan